

CINCINNATI CHILI

- 1 pound ground beef
- 1 cup chopped green bell pepper
- 1/2 cup chopped onion
- 3 Tbsp. chili powder
- 2 clove garlic, minced
- 2 (10.75oz.) cans condensed tomato soup
- 1 (15oz.) can kidney beans, optional
- 1 Tbsp. distilled white vinegar
- 1/4 tsp. ground cinnamon
- 1/4 cup shredded Cheddar cheese



In a 4 quart saucepan over medium heat, cook ground beef, green pepper, onion, chili powder and garlic, until beef is browned and vegetables are tender. Drain fat off of beef/vegetable mixture.

Add undrained kidney beans (optional), tomato soup, vinegar and cinnamon to soup, and bring to a boil. Simmer for 15 minutes, stirring occasionally. Heat through and serve.